



The Pre-Dentistry Program at HPU

Welcome to your road map for becoming a successful dentist!

This checklist will help you plan your years at HPU and prepare you for applying to dental school. Please contact the Pre-Health Professions Specialist, Dr. Allison Bachlet (abachlet@hpu.edu) with any concerns or questions at any step of the way.

Dental Schools are looking for Candidates with Skills in many areas, including:
Critical Thinking and Problem Solving
Biology and the Sciences
Manual Dexterity and Fine Motor Skills
Social Skills, Adaptability, Resilience and Personal Integrity

Freshman / Sophomore Year

- Meet with pre-health professions specialist and discuss future ideas and plans
- Work with science advisors to plan out course selection
- Attend seminars on careers in the health care field
- Join the Pre-Health Club & / Honor Societies
- Get volunteer experience in health care

Sophomore / Junior Year

- As for freshman year PLUS:
- Assess GPA and reality of attaining goals
- Explore other options in health care to make sure dentistry is what you really want
- Assess your financial status and explore options for financing dental school
- Start researching schools and programs
- Explore the ADEA website and get familiar with AADSAS application process (www.adea.org)
- Take practice DAT (Dental Admissions Test) exams on-line (www.ada.org/dat)
- Expand volunteer experiences and make sure to spend time at several different dental offices
- Make contacts with professors / supervisors to build relationships for future reference letters

Junior / Senior Year - Application Year

Fall

- Meet with pre-health specialist to discuss application plans and timeline
- Complete the pre-health professions readiness assessment and self-evaluation
 - Provided by Dr. Bachlet ** Due January 1st **
- Continue with clinical and volunteer experiences
- Ensure all pre-requisites for dental school and DAT are met
 - Note: the DAT has four sections: Natural Sciences (Biology, Chemistry and Organic Chemistry), Perceptual Ability, Reading Comprehension and Quantitative Reasoning

Spring

- Enroll in DAT preparatory course and book test date
- Create AADSAS account
- Collect letters of reference from professors and clinical supervisors ** Due June 1st**
- DAT exam in April / May
- Participate in Committee Interview in April / May
- Complete and submit application in June!